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are also available in the  
church entries.

# Celebrating Sunday

It's a hard thing when you cannot attend Mass on Sunday! But we want everyone to have the chance to pray the prayers, hear the readings, and enter into a "spiritual communion" in this time when gathering as a community in our church is not possible.

The Mass (Sunday and daily) and several other spiritual reading opportunities can be found on TV and on the internet as well.

TV-

Sunday Mass times:

10:30am on WDAY ch.6- Fargo

7:00am, 11:00am, 6:00pm- EWTN (check your cable provider for channel number)

On-line:

Here are a few websites that have many opportunities for prayer and reflection:

[www.fargodiocese.net](http://www.fargodiocese.net)

[www.watchthemass.com](http://www.watchthemass.com)

[www.usccb.org](http://www.usccb.org)

[www.wordonfire.org](http://www.wordonfire.org)

And here is a way for you and your family to pray the prayers and hear the readings from this Sunday's Mass. If you are doing this with more people, someone can take the part of "L" (Leader) and someone (or a couple) can take the part of "R" (Reader). This can be done by itself or you can use it as you watch the Mass on TV or online. If you watch the Mass as you use this handout, feel free to pray or sing the people's parts as you watch. They are included here in the boxes.

## 4<sup>TH</sup> SUNDAY OF LENT- MARCH 22, 2020

### INTRODUCTORY RITE

✠ BEGIN WITH THE SIGN OF THE CROSS

P: The Lord be with you.  
All: And with your spirit.

L: Grace to you and peace from God our Father and the Lord Jesus Christ.

ENTRANCE ANTIPHON:

All: Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning;  
exult and be satisfied at her consoling breast.

PENITENTIAL ACT

L: "As brothers and sisters, let us call to mind our sins." *(pause)*

All: I confess to almighty God and to you, my brothers and sisters,  
that I have greatly sinned, in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault, through my most grievous fault; *(strike breast)*  
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,  
and you, my brothers and sisters, to pray for me to the Lord, our God.

L: "May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life."

All: Amen.

L: Lord, have mercy. All: Lord, have mercy.

L: Christ, have mercy. All: Christ, have mercy.

L: Lord, have mercy. All: Lord, have mercy.

## COLLECT

**L:** O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. We pray this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God forever and ever.

**All: Amen.**

## LITURGY OF THE WORD

### FIRST READING

**R:** A reading from the first book of Samuel.

The LORD said to Samuel: "Fill your horn with oil, and be on your way. I am sending you to Jesse of Bethlehem, for I have chosen my king from among his sons." As Jesse and his sons came to the sacrifice, Samuel looked at Eliab and thought, "Surely the LORD's anointed is here before him." But the LORD said to Samuel: "Do not judge from his appearance or from his lofty stature, because I have rejected him. Not as man sees does God see, because man sees the appearance but the LORD looks into the heart."

In the same way Jesse presented seven sons before Samuel, but Samuel said to Jesse, "The LORD has not chosen any one of these." Then Samuel asked Jesse, "Are these all the sons you have? Jesse replied, "There is still the youngest, who is tending the sheep." Samuel said to Jesse, "Send for him; we will not begin the sacrificial banquet until he arrives here." Jesse sent and had the young man brought to them. He was ruddy, a youth handsome to behold and making a splendid appearance.

The LORD said, "There—anoint him, for this is the one!" Then Samuel, with the horn of oil in hand, anointed David in the presence of his brothers; and from that day on, the spirit of the LORD rushed upon David.

**R:** The Word of the Lord.

**All: Thanks be to God.**

### RESPONSORIAL PSALM

**R. The Lord is my shepherd; there is nothing I shall want.**

**All: The Lord is my shepherd; there is nothing I shall want.**

R: The LORD is my shepherd; I shall not want.  
beside restful waters he leads me; he refreshes my soul.

**All: The Lord is my shepherd; there is nothing I shall want.**

R: He guides me in right paths for his name's sake.  
Even though I walk in the dark valley  
I fear no evil; for you are at my side  
With your rod and your staff that give me courage.

**All: The Lord is my shepherd; there is nothing I shall want.**

R: You spread the table before me in the sight of my foes;  
you anoint my head with oil, my cup overflows.

**All: The Lord is my shepherd; there is nothing I shall want.**

R: Only goodness and kindness follow me all the days of my life;  
and I shall dwell in the house of the LORD for years to come.

**All: The Lord is my shepherd; there is nothing I shall want.**

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## SECOND READING

### **R: A Reading from the Letter of St. Paul to the Ephesians**

Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light.

Therefore, it says: "Awake, O sleeper, and arise from the dead, and Christ will give you light."

**R:** The Word of the Lord.

**All:** Thanks be to God.

### **Gospel Acclamation:**

**L: Praise to you, Lord Jesus Christ, King of endless glory.**

**All: Praise to you, Lord Jesus Christ, King of endless glory.**

L: I am the light of the world, says the Lord;  
whoever follows me will have the light of life.

**All: Praise to you, Lord Jesus Christ, King of endless glory.**

## GOSPEL

### **R: A reading for the holy Gospel according to John.**

As Jesus passed by he saw a man blind from birth.

His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?"

Jesus answered, "Neither he nor his parents sinned;

it is so that the works of God might be made visible through him.

We have to do the works of the one who sent me while it is day. Night is coming when no one can work.

While I am in the world, I am the light of the world."

When he had said this, he spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam" —which means Sent—.

So he went and washed, and came back able to see.

His neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?"

Some said, "It is," but others said, "No, he just looks like him." He said, "I am."

So they said to him, "How were your eyes opened?"

He replied, "The man called Jesus made clay and anointed my eyes and told me, 'Go to Siloam and wash.'

So I went there and washed and was able to see." And they said to him, "Where is he?" He said, "I don't know."

They brought the one who was once blind to the Pharisees.

Now Jesus had made clay and opened his eyes on a sabbath.

So then the Pharisees also asked him how he was able to see.

He said to them, "He put clay on my eyes, and I washed, and now I can see."

So some of the Pharisees said, "This man is not from God, because he does not keep the sabbath."

But others said, "How can a sinful man do such signs?" And there was a division among them.

So they said to the blind man again, "What do you have to say about him, since he opened your eyes?"

He said, "He is a prophet." Now the Jews did not believe that he had been blind and gained his sight until they summoned the parents of the one who had gained his sight.

They asked them, "Is this your son, who you say was born blind?"

How does he now see?" His parents answered and said, "We know that this is our son and that he was born blind.

We do not know how he sees now, nor do we know who opened his eyes.

Ask him, he is of age; he can speak for himself."

His parents said this because they were afraid of the Jews, for the Jews had already agreed that if anyone acknowledged him as the Christ, he would be expelled from the synagogue.

For this reason his parents said, "He is of age; question him."

So a second time they called the man who had been blind and said to him, "Give God the praise! We know that this man is a sinner."

He replied, "If he is a sinner, I do not know. One thing I do know is that I was blind and now I see."

So they said to him, "What did he do to you? How did he open your eyes?"

He answered them, "I told you already and you did not listen. Why do you want to hear it again?"

Do you want to become his disciples, too?"

They ridiculed him and said, "You are that man's disciple; we are disciples of Moses!

We know that God spoke to Moses, but we do not know where this one is from."

The man answered and said to them, "This is what is so amazing, that you do not know where he is from, yet he opened my eyes.

We know that God does not listen to sinners, but if one is devout and does his will, he listens to him.

It is unheard of that anyone ever opened the eyes of a person born blind.

If this man were not from God, he would not be able to do anything."

They answered and said to him, "You were born totally in sin, and are you trying to teach us?"

Then they threw him out. When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?"

He answered and said, "Who is he, sir, that I may believe in him?"

Jesus said to him, "You have seen him, the one speaking with you is he."

He said, "I do believe, Lord," and he worshiped him.

Then Jesus said, "I came into this world for judgment, so that those who do not see might see, and those who do see might become blind."

Some of the Pharisees who were with him heard this and said to him, "Surely we are not also blind, are we?"

Jesus said to them, "If you were blind, you would have no sin; but now you are saying, 'We see,' so your sin remains."

**R:** The Gospel of the Lord.

**All: Praise to you Lord Jesus Christ.**

*-Spend a few minutes thinking  
or talking about the readings.*

## THE NICENE CREED

**All:** I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.

God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.

For us men and for our salvation he came  
down from heaven, *(begin bow)*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man. *(end bow)*

For our sake he was crucified under Pontius  
Pilate, he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven and is seated *(cont.)*  
at the right hand of the Father.

He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.

I confess one baptism for the forgiveness of  
sins and I look forward to the resurrection  
of the dead and the life of the world to come.  
Amen.

## PRAYERS OF THE FAITHFUL

**L:** With humble hearts we bring to God our needs and the needs of the world:

**L:** For Pope Francis, Bishop John Folda, and all our priests, may they be blest with wisdom and fortitude as they lead the people of God, we pray to the Lord.

**All: Lord, hear our prayer.**

**L:** For civic leaders in our country and throughout the world, may they continue to work to contain the coronavirus, we pray to the Lord.

**All: Lord, hear our prayer.**

**L:** For all the sick and suffering, especially those of our families and our parish, we pray especially for Audrey Doyle (and \_\_\_\_\_.) May they receive healing hope and tender love, we pray to the Lord.

**All: Lord, hear our prayer.**

**L:** For those who have died, we pray especially for Donna Wilkie, mother of Vicki Houle, (for \_\_\_\_\_) and for Ray Killoran. May they enjoy the vision of God with all the saints in heaven, we pray to the Lord.

**All: Lord, hear our prayer.**

**L:** (*pray out loud for your specific intentions ...*), we pray to the Lord.

**All: Lord, hear our prayer.**

**L:** Loving Father, you call us all to an ongoing conversion and renewal of life. Hear these prayers and keep us on the path that leads to eternal life.

**All: Amen.**     *If you are able to view the Mass, continue in the box below with the Liturgy of the Eucharist.  
If you are not able to view the Mass, pray the Lord's Prayer together and continue after the box.*

### Prayer at the Presentation of Gifts

Priest: Pray brothers and sisters, (brethren)  
that my sacrifice and yours may be  
acceptable to God, the almighty Father.

**All:** May the Lord accept the sacrifice  
at your hands, for the praise and glory of  
his name, for our good and the good of all  
his holy Church.

Priest: The Lord be with you.

**All:** And with your spirit.

Priest: Lift up your hearts.

**All:** We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

**All:** It is right and just.

### Holy, Holy...

**All:** Holy, holy, holy Lord, God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

### Acclamation of Faith:

**All:** A) We proclaim your Death,  
O Lord, and profess your  
Resurrection until you come again.

*or:* B) When we eat this Bread and drink  
this Cup, we proclaim your death,  
O Lord, until you come again.

*or:* C) Save us, Savior of the world,  
for by your Cross and  
Resurrection, you have set us free.

## THE LORD'S PRAYER

### Communion Rite:

**All:** Lamb of God, you take away the sins of the world,  
have mercy on us.

Lamb of God, you take away the sins of the world,  
have mercy on us.

Lamb of God, you take away the sins of the world,  
grant us peace.

Priest: Behold the Lamb of God, ...

**All:** Lord, I am not worthy that you should  
enter under my roof, but only say  
the word and my soul shall be healed.

*- continue below with the Prayer of Spiritual Communion  
the Antiphon and the final prayer and the boxed response.*

## PRAY TOGETHER THE PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present  
in the Most Holy Sacrament.  
I love you above all things,  
and I desire to receive you into my soul.  
Since I cannot at this moment receive you  
sacramentally, come at least spiritually  
into my heart. I embrace you  
as if you were already there  
and unite myself wholly to you.  
Never permit me to be separated  
from you. Amen.

## COMMUNION ANTIPHON:

**All:** The Lord anointed my eyes: I went, I washed, I saw and believed in the Lord.

## PRAYER AFTER COMMUNION

**L:** O God, who enlightens everyone who comes into this world, illuminate our hearts, we pray, with the splendor of your grace, that we may always ponder what is worthy and pleasing to your majesty and love you in all sincerity. We pray this through Christ our Lord.

**All: Amen.**

**L:** “May the Lord bless us, protect us from all evil, and bring us to everlasting life.”

**All: Amen.**

✠ MAKE THE SIGN OF THE CROSS

### **Final Blessing**

Priest: The Lord be with you.

**All:** And with your spirit.

### **Dismissal**

Priest: Go forth, the Mass is ended.

or: Go and announce the Gospel of the Lord.

or: Go in peace, glorifying the Lord by your life.

or: Go in peace.

**All:** Thanks be to God.